



IMPACT Alcohol & Addictions Services
Concerned Others Project
Are you affected by or concerned about someone else's drinking?

Please find enclosed IMPACT's **Concerned Others Project Information & Useful Contacts Pack** and IMPACT's **Concerned Others Project Support Pack**.

These packs contain useful information and ideas designed to empower you to continue to offer support to the person whose drinking you are concerned about whilst ensuring that your own needs are met.

Some of the information in the packs may not be relevant to your situation. If this is so please disregard those pages, however if there are sections of information that you would like to know more about, please don't hesitate to contact us.

Tel. 01952 223165

Email: impactaas@concernedothers.co.uk

www.concernedothers.co.uk

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